

OCTOBER 2023

THE DOUGH PRESS

VOLUME 4, ISSUE 45



CONFETTI NUGGETS HAVE ARRIVED!

LET'S BE CLEAR



THESE ARE JIMMIES



THESE ARE SPRINKLES



THE DOUGH PRESS

OCTOBER HOME OFFICE EMPLOYEE SPOTLIGHT

MEET CHRISTINA NOUFER PAYROLL COORDINATOR



Christina joined the CLC family in March 2018. She had worked as a teacher and for Kmart previously in their HR/Payroll Department. Her people skills and knowledge was the perfect fit for us! She strives to do her best and always be a lending support for our managers in the field. Utilizing her previous teacher skills and creativity, Christina brings a lot of fun to our Home Office. Her family at home and in the office are important to her – she is always lending a helping hand to anyone in need. Thanks for all you do Christina, I appreciate you every day!

WRITTEN BY BEKAH MARSTELLAR
DIRECTOR OF HUMAN RESOURCES

THE DOUGH PRESS

MEET CHRISTINA NOUFER

PAYROLL COORDINATOR

1. Hi Christina, can you please share a little bit about yourself and your position at Chestnut Land?

I initially went to college to be an Elementary Teacher. I taught online for 5 years, while working at a retail store for 18 years until I decided to change paths and focus on HR/Payroll. I have worked for Chestnut Land for 5 years, I started as a Payroll Assistant and moved up to Payroll Coordinator. My work consists of processing new hires, requests off, child support orders, garnishments and time detail for Chestnut Land, Rise Pies and The Lake Club. I also Process payroll for Chestnut Land and The Lake Club. When I'm not working you can either find me at the gym, laying by a pool, baking in the kitchen or spending time with my nieces and nephews that I adore.

2. What do you enjoy most about your role at Chestnut Land?

What I like most about my role as Payroll Coordinator is that I am always busy which means I never have a chance to get bored. I also love the relationships and friendships I have made with Employees in the field and at Home Office.

3. Favorite Halloween candy to pass out?

Reese Pumpkins or Ghosts

4. What is the best Halloween costume you have ever had?

Wonder Woman

5. What is the most unusual or interesting item you have in your office?

Myself 😊

6. Using one word, how would you describe your ability to carve a pumpkin?

Terrible

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OCTOBER FEATURED LOCATION

ORLANDO INTERNATIONAL PREMIUM OUTLETS



STORE Auntie Anne's FL192
Cinnabon 105385
Area Manager: Rebecca Ritouni



ORLANDO INTERNATIONAL

The Orlando International Premium Outlets, located in the vibrant city of Orlando, Florida, is a shopping paradise that caters to both locals and tourists alike. This sprawling outlet mall is a shopper's dream, featuring a diverse array of over 180 designer and brand-name stores. Bargain hunters can indulge in fantastic discounts on fashion, accessories, footwear, electronics, and more. Whether you're seeking the latest fashion trends or hunting for great deals on renowned labels, this outlet mall has it all. Its convenient location near popular tourist destinations like Walt Disney World and Universal Orlando Resort makes it a go-to shopping destination for travelers looking to score some fantastic deals during their visit to the Sunshine State. With a welcoming atmosphere and a wide range of dining options, the Orlando International Premium Outlets offer a complete shopping experience in the heart of Florida's entertainment capital.

ORLANDO FUN FACT

Theme Park Capital: Orlando is often referred to as the "Theme Park Capital of the World" due to its numerous world-class theme parks, including Walt Disney World Resort, Universal Orlando Resort, and SeaWorld Orlando.

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OCTOBER EMPLOYEE SPOTLIGHT



AREA MANAGER FL192 / CINNABON 105385



Rebecca interviewed with Leo and I in the spring of 2017. We both knew during that interview that she would make an amazing addition to our CLC family. She started in May 2017 and has been flourishing at FL192 ever since! In March 2023, Rebecca became the Area Manager over both FL192 and the new Cinnabon at Orlando Premium Outlets I-Drive. She has a passion for her people and for our brands. She is a no-nonsense manager and expects her people to follow the brand standards and Chestnut Land's core value – integrity! We appreciate all Rebecca has contributed to Chestnut Land and look forward to watching her continue to grow in her career.

WRITTEN BY BEKAH MARSTELLAR
DIRECTOR OF HUMAN RESOURCES

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OCOTBER EMPLOYEE SPOTLIGHT

REBECCA RITOUNI

1. Hi Rebecca, can you share a little bit about yourself and your position at Chestnut Land?

I have been with the company since May 2017. This year we added a Cinnabon location to our mall and I run that one also. I was invited to the first ever Chestnut Chairman's Club 2023!

2. Describe your morning routine in 1 word.

Flow

3. Share an interesting fact about yourself that most people don't know.

I am a chef. I spent 3 years in college to be a chef, worked with a master chef, and competed. I worked for Nascar, Disney, and huge wedding venues, and golf courses for most of my life before coming to Auntie Anne's. Some may think it's a drastic change and I do miss the kitchen life, but Auntie Anne's gives me some peace, comfort, and reliability that kitchen life could not.

4. Share a fun fact about your hometown.

Daytona Beach, FL hosts two of the loudest events Nascar and Bike week!

5. Would you rather sing or dance in front of your coworkers?

I can sing and dance in front of my coworkers, I do it daily. I'm pretty crazy, not much embarrasses me. I just like to be carefree.

6. What is your favorite emoji to use?

Anything emoji that's laughing 😂

7. Do you enjoy any Fall coffee drinks?

I use to love pumpkin coffee, but I am so tired at this point. We need some new creative flavors.

8. Pretzels or nuggets? Favorite kind?

Almond pretzel with cinnamon sugar and hot salsa cheese I know it sounds off but for those who know, know!

9. What do you enjoy the most about your job?

The fast paced environment and the family atmosphere.

10. What is one work-related goal you hope to achieve in the next year?

I hope that I can make 1 million each from Auntie Anne's and Cinnabon next year.

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AROUND THE CHESTNUT "LAND"

CHESTNUT CHAIRMAN'S CLUB 2023

THIS CHESTNUT CHAIRMAN'S CLUB WAS HOSTED IN ORLANDO, FLORIDA. ATTENDEES STAYED AT THE BEAUTIFUL JW MARRIOTT GREAT LAKES! ALSO EVERYONE HAD THE AMAZING OPPORTUNITY TO TAKE PART IN SOME AMAZING ACTIVITIES SUCH AS:

- THE SPA AT THE RTIZ CARLTON
- HOLLYWOOD STUDIOS
- ANIMAL KINGDON
- THE MAGIC KINGDOM
- EPCOT
- UNIVERSAL STUDIOS
- DISCOVERY COVE (SWIM WITH DOLPHINS)
- RELAX AT THE HOTEL'S BEAUTIFUL POOL



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AROUND THE CHESTNUT "LAND"

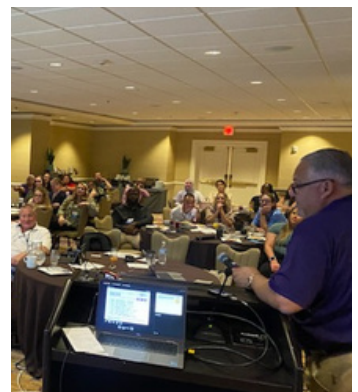
FUN AT CHESTNUT CHAIRMAN'S CLUB!



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AROUND THE CHESTNUT "LAND"

FUN AT CHESTNUT CHAIRMAN'S CLUB!



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TOP ONLINE STORES

SEPTEMBER

TOP 10

GRUBHUB

DOORDASH

1. OH-147
2. MI-117
3. MI-123
4. FL-260
5. FL-171
6. IL-163
7. FL-175
8. GA-130
9. OH-111
10. FL-201



Uber Eats

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DTIQ AUDIT STREAKS 3 CONSECUTIVE 100% SCORES

**GREAT
JOB!**

GA130- 14

GL182- 10

FL111- 6

FL230- 6

IN114- 4

IN128- 4

FL176- 3



CONGRATULATIONS TO THESE 7 STORES!

THE DOUGH PRESS

WORKING ON WELLNESS

FALL INTO FITNESS: SEASONAL WORKOUTS AND OUTDOOR ACTIVITIES

As the leaves begin to change and the air turns crisp, there's something undeniably invigorating about the arrival of autumn. Instead of hunkering down and staying indoors, why not embrace the season and fall into fitness with outdoor workouts and activities? From hiking through colorful forests to apple picking adventures, the fall season offers a wealth of opportunities to stay active while enjoying the great outdoors. Let's explore some fantastic ways to keep fit and connect with nature this autumn.

HIKING AMIDST FALL FOLIAGE



One of the most picturesque ways to stay fit during the fall is by going hiking. As the leaves transition into vibrant shades of red, orange, and gold, the scenery becomes an awe-inspiring backdrop for your outdoor adventure. Whether you're a novice hiker or an experienced trekker, there's a trail for everyone. Don't forget to wear appropriate footwear, pack some snacks, and enjoy the breathtaking views along the way.

APPLE PICKING WORKOUTS



Apple picking isn't just a delightful fall tradition; it can also be a surprisingly effective workout. Walking through orchards, reaching for apples, and carrying a basket all contribute to physical activity. Engage your core by doing squats or lunges while picking apples, and you'll leave with both a bag of delicious fruit and a sense of accomplishment.

YOGA IN THE PARK



Yoga is a wonderful way to stay fit, destress, and connect with nature all at once. Many parks offer outdoor yoga classes during the fall, allowing you to practice amidst the falling leaves and fresh air. If you prefer solo practice, lay out your mat in a serene park setting and embrace the tranquility that autumn provides.

TRAIL RUNNING



If you're an avid runner, consider taking your workouts to the trails. Trail running not only provides an excellent cardiovascular workout but also challenges your balance and coordination as you navigate uneven terrain. The cool autumn weather makes it an ideal time to hit the trails, and the scenery will make your run all the more enjoyable.

CORN MAZE ADVENTURES



Corn mazes are not just for kids. Navigating through a sprawling maze can be a challenging and entertaining way to get your steps in. Some farms offer nighttime maze experiences with the added thrill of a flashlight. It's a unique workout that combines physical activity with mental stimulation.

Don't let the autumn chill keep you indoors. Fall into fitness by embracing the season's beauty and cool weather to engage in outdoor activities and workouts. Whether you prefer hiking, yoga, biking, or even pumpkin workouts, there are plenty of ways to stay active and make the most of this colorful and inspiring time of year. So grab your workout gear, put on your coziest sweater, and let the fall adventures begin!

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WORKING ON WELLNESS 

TAKE A BREAK FOR YOUR FUTURE

Every day we are building our future, often without even thinking about it. We buckle our seat belt. We brush and floss. We set up automatic savings deposits. We exercise and eat right. We plant a garden. What we do now are investments in our future self. But why do we do these things? When we take a moment to contemplate how these decisions may affect our future self and the direction of our life, we might make different decisions. Thinking carefully about what we want for the future will help us make better decisions now.

Research is consistent that when we have purpose in our life, we tend to make better decisions that result in better health and wellbeing. Consider some of the habits that we know lead to better physical health like exercise, healthy eating, and quality sleep; so often these habits are derailed by lack of discipline and multiple forces of distraction. Having that purpose keeps us focused and consistent, even helping us get back on track when a weekend of indulgence has gotten the better of our discipline. An example would be people who successfully quit smoking overcome the addiction when they have a purpose or goal, like seeing their grandchildren grow into adults, jogging a mile, having an adventure, or just saving money. Understanding what we want for our future self has a great impact on our decisions and actions today.

When we think about investing, we most commonly think of money –savings, retirement, debt payment but investing in our future is so much more than just money. Think of investing as building the resources of our future life without losing the sweetness of living in the moment. Instead, purpose helps us infuse the moment we are in now with conscious action which can reduce our feelings of anxiety and help us connect with our inner sense of peace and contentment. Investing in our future means taking care of ourselves – body, mind, and spirit, working on our relationships, learning new skills, expanding our network, and taking risks in pursuit of our purpose and goals.

Life crafting is a tool to help us find our purpose and plan for our future. It provides a structure to find clarity and direction. Some of the most successful people have developed their own life crafting strategies to help them to avoid distractions. Life crafting also helps us to separate goals and aspirations that have been laid out for us by family, society, culture and helps us tune into what really brings meaning to our lives. Here are steps for a life crafting exercise:

- Write a list of what is most important to you, your values, passions, and interests.
- Take time to think about what you would like your life to be: the where, how, why, what of the ideal life for you – personal, professional, relationships, etc. be sure to write it down or draw it out.
- Now think about the steps to get from where you are now to this vision you have, be as detailed as possible, write it down.
- Once you have really thought this all through now is the time to tell others in your life about the future you envision and how you will make it happen.
- Continue to revisit this process often as you and life evolves and changes.

Sometimes the most difficult aspect of envisioning the future is letting go of things that get in the way of that future self. Fear can keep us stuck in circumstances that impact our ability to move forward. Fear of the unknown, fear of change, fear of failure, fear of asking for too much: all of these can stop us from living a life that has meaning for us. Planning for the future takes courage, discipline, and vulnerability but the rewards are better health, improved well-being, and greater happiness: be brave, take the risk, plan for your future, and live the life you want.

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EMPLOYEE REFERRAL PROGRAM

EMPLOYEES WHO EARNED CASH FOR EMPLOYEE REFERRALS OCTOBER 3RD, 2023

9 MONTHS - \$400

SALAH OMARI FL192 FOR REFERRING MOHAMMED BENNANI FL192

6 MONTHS - \$300

DYANA LATTA FL276 FOR REFERRING ALEX LAROCHE FL276

REBECCA YOUNG MI141 FOR REFERRING EDWARD SHOUN MI141

3 MONTHS - \$200

JAMES ROACH NC114 FOR REFERRING MAE WALTON NC115

CINDY PHAM FL144 FOR REFERRING ESMERALDA NAVARRO VAZQUEZ FL144

PROMOTION - \$200

PAEDEN WILLOUGHBY FL159 FOR REFERRING ANTHONY MESA FL159

DAVID BEARD GA110/128 FOR REFERRING AUSTIN MILES GA110

REMEMBER A REFERRAL IS ANYONE YOU RECOMMEND TO WORK FOR CHESTNUT LAND COMPANY! THIS CAN BE A FRIEND, FAMILY MEMBER, FORMER COWORKER, MALL EMPLOYEE, FREQUENT CUSTOMER, FACEBOOK FRIEND OR NEIGHBOR.

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OCTOBER WORK ANNIVERSARIES

LINDA BENSON - HOME OFFICE	17 Years
CINDY T. PHAM - FL144	11 Years
FRANK PERROTTA - HOME OFFICE	8 Years
MIKEL A. CUMMINGS - FL196	8 Years
ANIBAL Y. VELAZQUEZ - FL196	8 Years
CHRISTOPHER L. ERNO - FL171	6 Years
AMITRA L. ALEXANDER - FL149	6 Years
LONNIE R. SCHAUB - MI105	3 Years
ILLA JEAN I. SMITH - MI135	2 Years
CYNTHIA RIVERA - FL149	2 Years
CHRISTOPHER GOLDEN - FL177	2 Years
MIA OFARRILL - FL192	2 Years
CAYLEY L. CASILLAS - FL111	2 Years
GABRIELLE S. STONE - FL201	2 Years
MADISON E. NAVONI - MI115	1 Year
BETH A. GERMAN - MI116	1 Year
DIYANI TORRES - FLORIDA MALL CINNABON	1 Year
JENNIFER M. TARVER - REG	1 Year
BRYCE S. SAUNDERS - FL176	1 Year

CHRISTOPHER A. TRICE - GA139	1 Year
JOSHUA C. WORKMAN - WV106	1 Year
TAIS MENDOZA GUTIERREZ - FL187	1 Year
MAXWELL J. BERNSTEIN - FL196	1 Year
LAUREN E. ALEXANDER - FL197	1 Year
MICHAEL ROOP - FL226	1 Year
LUCY N. CRUZ - NH106	1 Year
MAKAYLA L. WILSON - NC114	1 Year
ISABELLA M. RODRIGUEZ ANDUJAR - FL175	1 Year
JERRY D. RIVERS - NC114	1 Year
RAUL MARRERO - FL159	1 Year
ELIZABETH RIVERA VICENTE - FL177	1 Year
SHELBY L. LOWDER - IL169	1 Year
REGINALD M. JENKINS - IN111	1 Year
SARAH K. DYE - MI135	1 Year
ZECHARIAH L. HODGE - IN128	1 Year
ANAIALIS MARTINEZ - FL181	1 Year
PENNY J. SEIFERT - IL169	1 Year

Congratulations!

TO ALL OF YOU ON YOUR WORK ANNIVERSARY!

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OCTOBER BIRTHDAYS

JACOB ROWLEY-RODRIGUEZ - FL176	10-1
MEGAN M. KLOEWER - IL131	10-1
STEFFANIE A. BERMUDEZ - FL177	10-2
ANA-CRISTINA CHAVARRIA - FL187	10-2
SHANNON A. ECHARD - PA254	10-2
RAYLIN L. WILEY - GA110	10-2
CLORISSA M. DEKUIPER - MI115	10-3
LINDSEY M. OLENIUCH - SC123	10-4
NICHOLE C. CRAWFORD - IN107	10-4
LAMEGAN R. THOMPSON-SPENCER - MS112	10-4
HEIDI J. TRIPLETT - FL182	10-4
LISA A. MURRAY - FL222	10-8
AUBRI E. CHRISTIE - OH147	10-9
VICKIE M. BENNETT - IN111	10-10
CORDARRYL C. JOHNSON - GA110	10-11
ANTHONY G. GUERRERO VARGAS - FL231	10-11
MIA OFARRILL - FL192	10-11
DEBORAH A. LAMBERT - FL175	10-12
ROXANA S. PEREYRA - FL150	10-12
KENDRA A. ARGUDIN - IL165	10-12
MALACHI J. KENNY - GA166	10-12
ADDISON VEATCH - IN130	10-12
RUSSELL HIGGINS - FL162	10-13
IVAN J. PATMON - FL158	10-13
ANGELINA R. BROWDER - IL163	10-13
CYNDIA T. THOMAS - GA106	10-15
AALIYAH S. THOMAS - MI116	10-15
YANNIX M. ORTIZ - FL192	10-15
JAKHI T. TURNER - KY117	10-15
ALYSSA CRABTREE - GA130	10-15
ISABEL KUNKEL - OH130	10-16
MICHAEL ROOP - FL226	10-17

JON A. BINGHAM - FL111	10-17
KAYLA S. COLEMAN - TN126	10-17
JUSTIN K. VALLIA - HOME OFFICE	10-18
HANNAH M. BARTHOLOMEW - FL162	10-18
LILLIE B. CLARK - IL169	10-18
CRESCENT M. CHAPMAN - REG	10-19
JONATHAN M. SCHLANGER - FL162	10-19
LILIANA LEANOS - IL136	10-19
KEVIN J. PARHAM - GA116	10-21
ALISSA L. BAYNE - IN130	10-21
ALEXIS C. MARTIN - FL187	10-21
ROWAN G. KING - IL131	10-21
KATERIN N. TAVAREZ PENIA - FL181	10-21
LINNIE H. GARLAND - FL260	10-22
THERESA L. ATKINSON - FL132	10-24
MERANDA RODRIGUEZ - FL181	10-24
SARAH STEVENSON - FLORIDA MALL CINNABON	10-24
DONELL GRIMES - FL150	10-24
VALERIE C. HERNANDEZ - IL165	10-24
ABIGAIL C. STEGEMAN - OH163	10-25
MIKYLA N. HAMILTON - FL121	10-25
TAHMIAH BROWN - FL168	10-26
KAITLIN F. COMBS - FL162	10-26
CYNTHIA M. WATSON - FL171	10-26
BRENDA D. LAMPKIN - FLORIDA MALL CINNABON	10-27
CHRISTOPHER A. TRICE - GA139	10-27
JIMMY R. EVANS - NC114	10-30
ELIZABETH A. SWIRES - FL143	10-31
THOMASHA J. ADAMS - MS112	10-31
JESSICA L. CUYACOT - MI141	10-31
LEEANN ELDRIDGE - FL222	10-31



HAPPY BIRTHDAY TO ALL OF YOU!
ENJOY YOUR SPECIAL DAY!

