

SEPTEMBER 2023

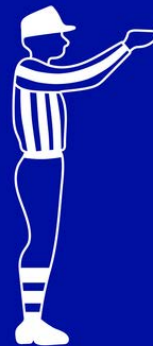
# THE DOUGH PRESS

VOLUME 4, ISSUE 44



**ARE YOU READY  
FOR SOME  
FOOTBALL?!**

## IMPORTANT CALLS TO KNOW



**HAND ME  
A PRETZEL**



**PARTY FOUL  
(SPILLED DIP)**



**PRETZEL  
HOGGING**



# THE DOUGH PRESS

## SEPTEMBER HOME OFFICE EMPLOYEE SPOTLIGHT

### MEET LAURA CRAWFORD SENIOR ACCOUNTANT



Laura Crawford started with the Muransky Companies Accounting Team in November 2020. Her focus has been all things finance and accounting for Chestnut Land Company. She is one of few accountants who gets your P&L together for your locations.

While Laura has been with us for some time, she is new to her role as Supervisor on the accounting side of CLC. She leads the team as they work on the financial reports for the company, and I have enjoyed working with her and watching her grow into this new position.

WRITTEN BY ANGELA DUSKEY  
CHIEF FINANCIAL OFFICER



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## MEET LAURA CRAWFORD

### SENIOR ACCOUNTANT

#### 1. Hi Laura, can you please share a little bit about yourself and your position at Chestnut Land?

I currently manage the Accounting Department, which includes Chestnut Land, Rise Pies and Ivory & Birch. I initially went to college with the intent of becoming a computer programmer, but years later discovered that I was more interested in the accounting field. I went back to college and obtained a Bachelor's Degree, majoring in Accounting. I have worked in the accounting field for over 20 years and have worked at different types of companies, CPA firms, public and private companies. I have learned a variety of accounting skills along the way which has helped me to be able to look at each task, and to understand how accounting changes and efficiencies it will affect each department.

#### 2. What do you enjoy most about your role at Chestnut Land?

What I enjoy most about my role is working as a team and piecing together complex financial information. Each day brings new challenges and each person on the team has valuable input. I really enjoy digging in and learning all that I can, so that we can provide the most accurate information possible. Communication between departments is key, and I strive to keep 'face-to-face' communication going, even in this time with the ease of electronic communications.

#### 3. If your coworkers had to describe you in one word, what do you think it would be?

I took a little survey, within the accounting team, and it was decided that the word to describe me was "resourceful".

#### 4. What's the best piece of career advice you've ever received?

The best piece of career advice I ever received was to ask questions - the best way to learn is to ask questions, not everyone will appreciate how inquisitive you may be, but don't let that stop you from achieving your goals.

#### 5. If you were participating in a company talent show, what would your talent be?

I am not sure I am talent show worthy, I would most likely be organizing the talent show.

#### 6. What was the last movie you saw at the theater and would you recommend it to others?

I cannot remember the last time that I went to a movie theatre, I would rather be at home watching a movie on Netflix. I like spy movies, like Mission Impossible and Alias (TV series), some other favorites are Pearl Harbor, The Notebook and Grease.

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## SEPTEMBER FEATURED LOCATION

### OGLETHORPE MALL



**STORE.** GA 166 Oglethorpe AA/Cinnabon  
Store Manager: Ryan Linch

#### OGLETHORPE MALL.

Nestled in the heart of Savannah, Georgia, Oglethorpe Mall stands as a retail hub that combines Southern charm with modern shopping conveniences. Named after General James Oglethorpe, the founder of Georgia, this mall offers a delightful shopping experience for locals and tourists alike. With a diverse array of stores, ranging from renowned fashion brands to specialty boutiques and electronics shops, Oglethorpe Mall caters to every shopper's desires. Moreover, its welcoming ambiance and a variety of dining options make it not just a shopping destination but also a place to savor delicious cuisines. Steeped in history and surrounded by the timeless beauty of Savannah, Oglethorpe Mall is a must-visit spot for those looking to explore the best of the city's shopping scene.

#### SAVANNAH FUN FACT.

Savannah is known for its haunted history, and it's considered one of the most haunted cities in America. Ghost tours are popular attractions, offering a glimpse into the city's spooky past.

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## SEPTEMBER EMPLOYEE SPOTLIGHT



### MEET RYAN LINCH

STORE MANAGER GA166



Ryan Linch started with the Chestnut Land family in December 2022 as an Assistant Manager at GA166, Oglethorpe Mall. This is an Auntie Anne's / Cinnabon co-brand location. He was promoted to Store Manager in June 2023.

Ever since Ryan started as an assistant manager a little less than a year ago he stepped up, showed initiative and helped turn around the store in the moments where leadership was most required. During difficult times Ryan shined and showed he was the right person to manage this high volume location and was the manager we had been looking for a long time. I am proud of the work he has been doing and confident that he will show us this store's potential.

WRITTEN BY GUILLERMO NORIEGA  
REGIONAL MANAGER

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## SEPTEMBER EMPLOYEE SPOTLIGHT

### RYAN LINCH

**1. Hi Ryan, can you share a little bit about yourself?**

I'm 38 married to my wife Callie, who is a 2nd grade teacher. I dabble in home brewing and laser engraving on the side. I enjoy trying new foods and playing video games when I have some free time.

**2. What's the most interesting or unusual place you've ever visited?**

An unusual place I have been is the inside of a beaver dam...let's just say watch your footing while hiking in the great outdoors.

**3. Favorite flavor of ice cream?**

My favorite ice cream would have to be rocky road.

**4. What's your favorite outdoor activity, and why?**

An outdoor activity I enjoy is rainbow trout fishing in the mountains with good company.

**5. If you could be a contestant on any game show, which one would you choose?**

Price is Right before Drew Carey with the man Bob Barker, may he rest in peace.

**6. Favorite Auntie Anne's pretzel?**

Favorite pretzel would have to be sweet almond, it's just right not over sweet!

**7. What do you enjoy the most about your job?**

An enjoyable aspect of my job is guest interaction. I really enjoy the opportunity to uplift someone's day.

**8. Which song can you listen to over and over?**

Easy choice! I would do anything for love but I won't do that by the late great Meatloaf.

**9. Have you ever met a celebrity? If so, who?**

Never! But was hoping to spot Clint Eastwood while he was filming in town.



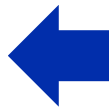
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## AROUND THE CHESTNUT "LAND"

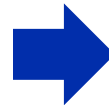
### JI STUDENTS APPRECIATION DINNERS WITH GUILLERMO NORIEGA



FL222



FL223



### THE PRETZEL TRUCK AT THE CANFIELD FAIR



# THE DOUGH PRESS

## TOP ONLINE STORES

**AUGUST**

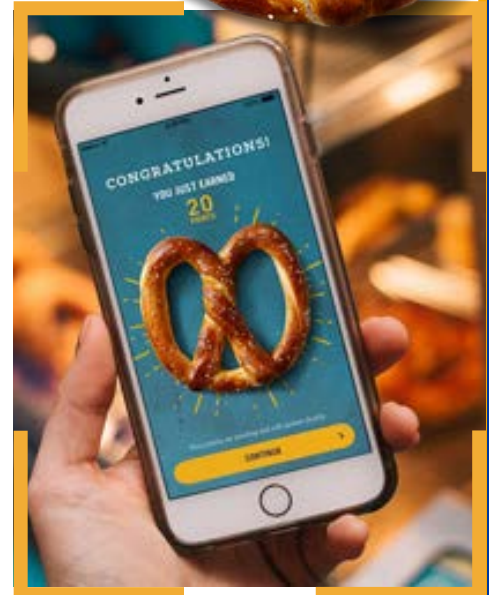
**TOP 10**

**GRUBHUB**

**DOORDASH**



1. MI-117
2. OH-147
3. GA-116
4. IN-107
5. GA-130
6. MI-123
7. MI-120
8. MI-116
9. FL-171
10. FL-143



**Uber Eats**



# THE DOUGH PRESS

## **DTIQ** AUDIT STREAKS 3 CONSECUTIVE 100% SCORES



**GA130 - 12**

**FL182 - 9**

**FL177 - 8**

**FL144 - 6**

**FL111 - 4**

**FL230 - 4**

**OH175 - 3**

**CONGRATULATIONS TO THESE 7 STORES!**

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## WORKING ON WELLNESS **WOW!**

### TAKE A BREAK FOR REST!

#### CAN YOU RELATE:

- It's 3 am and you keep looking at the clock, praying for sleep...
- It's 3pm and you are searching for caffeine to fight off the sleepiness...
- It's 6am and you hit the snooze button for the 5th time...

Sleep is one of the most underrated healthy habits, which is unfortunate because a solid night's rest can be almost magical in its ability to improve our quality of life. The research is overwhelming; sleep is central to physical, mental, and emotional well-being.

#### SLEEP HELPS US:



Recover and rebuild after illness, injury or just a workout



Lower blood pressure and heart rate



Lose weight and/or maintain a healthy weight



Stabilize blood sugar levels



Improve our immune response and helps us fight infection



Stabilize thyroid function



Enhance cognitive function and emotional control



Reduce cortisol levels

# THE DOUGH PRESS

## WORKING ON WELLNESS

You are not alone if you struggle with a lack of sleep or experience difficulties getting solid rest. About 95% of adults over 18 get under the recommended minimum of 7 hours a night. The problem is even worse for some. Over 95% of older adults (age 50 and over) suffer from chronic insomnia - difficulty falling or staying asleep for at least seven hours, 3-7 days a week. Some common health issues contributing to sleep problems are: sleep apnea - a potentially deadly condition, snoring, restless leg syndrome, ADHD, and night sweats. The impact is enormous. Lack of sleep can have devastating consequences. Drowsy driving is responsible for over 6,000 crashes a year. Those with insomnia are seven times more likely to have a work-related accident. Lack of sleep is correlated to both depression and anxiety. If all that wasn't enough to convince you then think about how lack of sleep impacts our entire country: in the U.S. alone, insufficient sleep has an estimated economic impact of more than \$400 billion/year.

## REST & RECHARGE

### HOW TO IMPROVE YOUR SLEEP

Want to have more consistent rest each night? It starts with having good sleep hygiene:



#### ROUTINE

Create a consistent schedule and nighttime routine.



#### INVEST

Invest in a comfortable mattress, sheets and pillow.



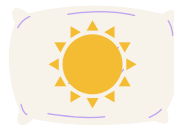
#### ENVIRONMENT

Keep your bedroom dark, cool, peaceful and free from technology/screens.



#### AVOID

Avoid large meals, caffeine and alcohol before bed.



#### OUTSIDE

Get outside in the morning & in the evening for improved circadian rhythm.



#### MOVEMENT

Get exercise and movement throughout the day.

**MAKE SLEEP A PRIORITY!**



# THE DOUGH PRESS

## EMPLOYEE REFERRAL PROGRAM

**EMPLOYEES WHO EARNED CASH FOR EMPLOYEE REFERRALS  
SEPTEMBER 5TH, 2023**

**3 MONTHS - \$200**

ALEX SWEDOCK FL276 FOR REFERRING JAYLA BERRIOS FL276

KEVIN MCDORMAND NH105 FOR REFERRING OSCAR DELACRUZ NH105

SANDRA MCCLINTOCK MI105 FOR REFERRING ASHLEY SHELDER MI105

RAYMOND MELENDEZ FL121 FOR REFERRING ROMINA LUNA FL121

DEANNA ANDRZEJEWSKI FL171 FOR REFERRING ROBERT DEAN FL171

QUANESHA GILES FL132 FOR REFERRING TALEA CUBBY FL132

**REMEMBER A REFERRAL IS ANYONE YOU RECOMMEND TO WORK FOR CHESTNUT LAND COMPANY! THIS CAN BE A FRIEND, FAMILY MEMBER, FORMER COWORKER, MALL EMPLOYEE, FREQUENT CUSTOMER, FACEBOOK FRIEND OR NEIGHBOR.**



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## SEPTEMBER WORK ANNIVERSARIES

ERIKA SMITHEY - IL136	6 Years
THOMASHA ADAMS - MS112	4 Years
LAMEGAN THOMPSON-SPENCER - MS112	3 Years
MELANIE SMITH - MI123	3 Years
LITZY MOGAVERO - SC123	3 Years
BRENT LANTHORN - OH163	2 Years
LOGAN HOLDER - MI141	2 Years
ZANIA RICE - WOODLAND JAMBA	2 Years
GRACE COURTNEY - OH163	2 Years
BRITTANY CHAPMAN - MI120	2 Years
KEVIN PARHAM - GA116	2 Years
CINDY MARTINEZ EULOGIO - IN111	1 Year
TERI RODIER - NH106	1 Year
YALIXA VASQUEZ - FL166	1 Year
ELIJAH HALL - FL201	1 Year
ANTONIO PAGAN - FL168	1 Year
CHRISTIA WILLIAMS - FL260	1 Year
AJHA RICKS - FL226	1 Year

XAVION RICE - WOODLAND JAMBA	1 Year
AUSTIN MILES - GA110	1 Year
CHANCE CHAPEL - GA128	1 Year
HAILEY TAYLOR - OH175	1 Year
AVERY MCADAMS - FL260	1 Year
MELISSA SANDERS - IL169	1 Year
GLISSER LEWIS -CORTES - FL150	1 Year
DEANNA MITCHELL - GA166	1 Year
LILLIAN HOSLER - MI105	1 Year
AYOUB RITOUNI - FL150	1 Year
SIERRA HAYES - GA116	1 Year
BARRY HILL - FL182	1 Year
KEJUAN MEDDERS - FL230	1 Year
MARIAH MAROVICH - OH124	1 Year
AYANAH HARRISON - GA139	1 Year
KANIJAH JAMES - OH183	1 Year
HALEY HUDGINS - NC114	1 Year

**CONGRATULATIONS TO ALL OF YOU ON YOUR  
WORK ANNIVERSARY!**

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## SEPTEMBER BIRTHDAYS

JOCELYN MILES - GA106	9/1	JACOB WALTON - FL162	9/10	MADISON CHAMBERS - IN128	9/21
TREVER STANLEY - GA116	9/1	MARIBEL DOMINGUEZ - IL136	9/11	CHRISTIE CLARK - IN111	9/21
LADRENA WELCH - MI135	9/2	KEITH RAMKISSOON - FL121	9/12	SHAWNTEL DAVIS - IN107	9/21
MEGAN PARKER - MI137	9/2	RAYMOND MELENDEZ - FL121	9/12	ISABELLA RODRIGUEZ ANDUJAR - FL175	9/21
MARGARET STIVERS - IN130	9/2	YARETH QUINONES DEJESUS - FL143	9/12	SUSANA CHEA - FL182	9/21
KIMBERLY ESPINOZA - FL144	9/3	JOURNE NORWOOD - TN126	9/13	CANIYA SWAIN - FL132	9/23
BILLIE SOWARDS - WV106	9/3	KEYANNA VALENTIN - FL158	9/13	APRECIA SIMMONS - GA139	9/23
SHANYA COUSIN - IN107	9/4	ELIJAH HALL - FL201	9/13	JESSICA REINMILLER - FL180	9/23
TARA MAGEE - IN114	9/4	JACINDA TAPANES - FL226	9/13	EMILY DIAZ - FL150	9/23
ALORA FIELDS - FL180	9/5	RAYONNA MURRAY - OH130	9/14	STEVIE GRIMM - OH183	9/23
SHYAN HUFF - FL143	9/5	SA'MON GROOBER - SC123	9/14	EMILY ERNO - FL171	9/24
LONDON WOLPERT - FL168	9/5	ARKEEM BENNETT - GA166	9/14	DESTINY ULMER - FL181	9/24
DEONDRE ABRAMS - MI141	9/5	SARRIYAH JACKSON - FL260	9/15	STEFAN BASDEO - FLORIDA MALL CINNABON	9/25
AMANDA PINERO - FLORIDA MALL CINNABON	9/5	HALEY HUDGINS - NC114	9/15	KAITLYN TUCKER - FL185	9/25
IVAN RIVERA OTERO - FL180	9/6	CHRISTINE CRAVEN - MI141	9/17	LUIS MENDEZ - NH106	9/25
LINOSHA GONZALEZ - FL121	9/6	YASMINE JOHNSON - NC115	9/17	NAKYIAH KING - GA166	9/26
SALAH EDDINE OMARI - PREM OUTLETS CINNABON	9/6	CHARD ESPERANCE - FL221	9/18	ANAIALIS MARTINEZ - FL181	9/26
SCOTT SINGER - OH163	9/6	MCKENZIE DANHART - PA254	9/18	JAVON KIRKPATRICK - IN111	9/26
GABRIANNA MCINTIRE - IN130	9/6	YULIANIE RODRIGUEZ RIVERA - FL144	9/19	AMBER SMITH - OH111	9/27
TALEA CUBBY - FL132	9/7	TIFFANY CARROLL - OH147	9/19	KYLEE SIMONS - FL168	9/27
TEANNA ZAMBRONI-POPE - FL260	9/7	AWILDA CASTILLO HERNANDEZ - FL231	9/19	HAMAHD BARNES - FL175	9/28
TACARRA HOWARD - MI122	9/7	JOHN BRIDGES - MI117	9/20	KASIE MACHINGO - HOME OFFICE	9/28
TATUM MACLIN - MS112	9/7	GUILLERMO HEWITT - FL177	9/20	ALEXIS VERGANZO - FL121	9/29
TERESA MCCLAWHORN - NC140	9/7	CATHERINE WOLVERTON - FL171	9/20	ROSE TAYLOR - FL185	9/29
KIARA HINES - FL182	9/8	ALEXANDER PEREZ - FL158	9/20	BERNARD ARNOLD - NC115	9/29
ALEXANDER SANTANA - FL223	9/8	DOMINIC MAYER DOUGLAS - OH147	9/20	ASTRID CHIFFRA - FL177	9/30
TOMESHA MCBRIDE - OH163	9/8	VIRGINIA KOLARIK - MI115	9/20	RICHARD BANIK - PA254	9/30
JANYA BUTLER - FL197	9/8	BETH GERMAN - MI116	9/20	EDGAR CASTRO - FL187	9/30
KAYA JONES - GA116	9/8	AJHA RICKS - FL226	9/20	ZAKYAH THOMAS - GA130	9/30



**HAPPY BIRTHDAY TO ALL OF YOU!**  
**ENJOY YOUR SPECIAL DAY!**