# JULY 2023

# THE DOUGH PRESS

# VOLUME 4, ISSUE 42

### LEO & CONG'S LOCKER 1 & 2

Locker 1 & 2 Golf Outing raises over \$200,000 for The United Way of Youngstown and the Mahoning County, a record since the event began in 2014.

Event founders Leo Henry, Director of Operations for Chestnut Land Company, and Bob Conger, Chief Operating Officer of Winkle Electric Co. Inc. hosted this year's event at The Lake Club on Monday, June 19th with special guest legendary PGA golfer John Daly!



# **JULY HOME OFFICE** EMPLOYEE SPOTLICHT





Tanner started in May 2010, as a Busboy for The Lake Club (an entity of the Muransky Companies) while in college. He was on a journey to become a teacher. While working at The Lake Club, Ed Muransky talked to Tanner about continuing to work for him under a different entity of the Muransky Companies. That was when Tanner joined the Chestnut Land Company family. He started as a Recruiter. Ed saw in him exactly what the Recruiting Department needed – the gift of gab and passion for the company! He did an amazing job at calling candidates, selling the company, traveling to recruit for new store openings, and more. Tanner knew his journey would not stop in recruiting. His love is Operations! So his journey then moved into the Operations Department under Leo Henry. All of his experience with his schooling, experience in food service, experience in recruiting, his ambition, and personality has helped him grow in his current role.

Tanner is always smiling! Even on cloudy days! He can make you laugh right at the time you need it most. We appreciate that and the work ethic he brings to the team. There is nothing Tanner would not do for anyone.

#### WRITTEN BY REBEKAH MARSTELLAR DIRECTOR OF HUMAN RESOURCES

### **MEET TANNER AVNET** OPERATIONS TEAM SPECIALIST

#### 1. Hi Tanner, can you please share a little bit about yourself?

Hello!! My name is Tanner Avnet. I have worked for the Muransky companies for 13 years, the last 8 with the Chestnut Land Company & Rise Pies. I started with the Muransky Companies as a Busboy at The Lake Club when I was 17, and worked my way up to the position I am in now. I have been married for 5 years to my beautiful wife, Amber, and we are expecting our first child this November! I love sports, cooking, traveling the world, and video games!

#### 2. Take us through a workday in the life of Tanner.

The workday varies from day to day. One day it could be gathering specific reports for Chris and Leo, traveling to specific locations to survey or train, or come up with new menu items to try at Rise Pies. That's what I love about this job the most, every day is different and I get to work with the best group of people around me.

#### 3. Any hobbies or interests that you like to do in your free time?

I like to brew my own beer, smoke some meats, and play the occasional video game!

#### 4. What is your favorite TV show of all time?

Those who know me will not find this as a surprise, but, it is most definitely THE OFFICE! – "I'M NOT SUPERSTITIOUS, BUT I AM A LITTLE STITIOUS." –MICHAEL SCOTT.

5. If you could only eat 1 meal for the rest of your life what would it be?

A classic cheeseburger, side of crispy fries, with ranch.

#### 6. What advice would you offer to a new employee starting a career with Chestnut Land?

Chris Sammartino told me when I started at CLC: "It takes at least a full year to comprehend a position, take your time, be a sponge, and learn as much as you can." I still take that advice every day, and I try to pass that advice along to my people around me. Learn as much as you can, and do the best you can every day, and ASK QUESTIONS! People are so quick to feel like a failure or feel like they are doing their job wrong if they do not know something. It is okay to forget or not know. Ask questions, get answers, and execute! CLC is like no other company. We really are a family, and are always here for our employees.

# **ULY FEATURED LOCATION**

# TANGER OUTLETS MEBANE



#### STORE:

NC114 - Store Manager James Roach

TANGER OUTLETS MEBANE Tanger Outlets in Mebane, North Carolina, is a premier shopping destination that offers a delightful experience for all avid shoppers. Situated conveniently off Interstate 40, this sprawling outlet center boasts a vast collection of brand-name stores and designer boutiques. With over 100 retailers to choose from, visitors can indulge in a wide variety of fashion, accessories, footwear, home décor, and much more, all at discounted prices. The open-air layout of Tanger Outlets creates a pleasant atmosphere for strolling and browsing through the numerous shops. Whether you're searching for the latest trends or hunting for great deals, Tanger Outlets in Mebane is a must-visit destination for anyone seeking an enjoyable shopping experience in North Carolina.



The town was named for Alexander Mebane, an American Revolutionary War general and member of the U.S. Congress. It was incorporated as "Mebanesville" in 1981, and in 1983 the name was changed to "Mebane". It was incorporated as a city in 1987.

# UNE EMPLOYEE SPOTLICHT

ES ROACH



**STORE MANAGER NC114** 

James joined the CLC family in August 2022 as Store Manager. He has been a great addition to that store and our management team. James has strong work ethic and creates a positive work environment which encourages his team to go the extra mile for him. He sets goals and motivates his employees to work hard time and time again. One example of how James shows his appreciation is by setting up a snack table in the back for his employees. James's passion for the job makes him an incredible person to work with. We are grateful to have him on the team, his success and accomplishments are highly valued and appreciated.

Thank you for your commitment, and hard work.

WRITTEN BY FRANK PERROTTA OPERATIONS/LOSS PREVENTION SPECIALIST

SNAC

# JULY EMPLOYEE SPOTLIGHT

# **JAMES ROACH**

#### 1. Hi James, can you share a little bit about yourself?

I am the Store Manager at NC114. I joined the company in August of 2022. I have a great group of employees at the store. We strive to maximize our growth is sales and making each customer's experience memorable. We are all dedicated in our quest to reach \$1 million in sales this year. I have a wonderful family. Krista and I have 3 kids who make each day simply amazing. Reagan is 14, Quinn is 10 and Maverick is 2. We also just bought our first house and will be moving in August. I am a huge Atlanta Braves fan and hope to see the new stadium soon.

2. Would you rather have unlimited money or unlimited time?

Definitely time! That way I could make more time for all the people that matter in my life. I try to make the most of each moment everyday.

#### 3. What's the most unusual job you've ever had?

When I was 17 our church had a group that all rode horses in various parades that year. My friend and I were asked to follow behind then with a giant trash can and shovel. We had to scoop up any droppings from the horses. Some parades had 30 to 40 horses and we had to swap out trash cans midway through.

#### 4. What's your favorite way to unwind after a long day?

I spend almost all of my free time with my kids en joying whatever their interests are. It's my excuse to keep being a kid myself lol!

5. If you could eliminate one chore from your daily life, what would it be? Probably laundry. It feels like it never ends.

#### 6. What's the most unusual or interesting skill you possess?

I have trained in multiple martial art disciplines. I en joyed Kickboxing and Muay Thai the most.

#### 7. What do you enjoy most about your job?

I enjoy the group of people I work with. I believe we all have a great time working with one another. They definitely make my job easier with their dedication and commitment.

8. Favorite Auntie Anne's pretzel/dip combo? Pepperoni Nuggets / Marinara Dip

9. What's your favorite type of music to listen to? Rock (Green Day / Blink 182)

10. Would you rather live in a world with no internet or a world with no television? At this point it would have to be TV. I utilize the internet for about everything it seems now.



# **AROUND THE CHESTNUT "LAND"**





### FIELD TRIPS







#### FL185 CATERING ORDER & ANNE BEILER

M143

#### **CONGRATURATIONS!** SILVARA HORTON



Assistant Manager at KY117

On the birth of a beautiful baby boy!

Rhysand Bullock - 9lbs 8oz Born June 20th, 2023





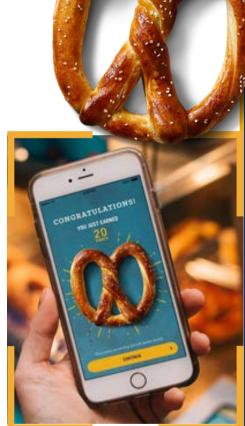
# TOP ONLINE STORES



GRUBHUB

DOORDASH

OH147
 GA116
 GA130
 GA130
 IL163
 IL163
 MI117
 GA106
 FL143
 MI120
 GA110
 GA110
 MI116



**Uber Eats** 



# DTIQ AUDIT STREAKS 3 CONSECUTIVE 100% SCORES



MIII6-13 GA130-8 FL182-8 FL149-6 OH124-6 FL276-5 FL177-4

## **CONGRATULATIONS TO THESE 7 STORES!**

Keep up the excellent work and attention to detail!

# WORKING ON WELLNESS

#### 4 REFRESHING SUMMER DRINKS FOR HYDRATION AND ENERGY BOOST!

With the scorching summer heat in full swing, it's essential to keep our bodies hydrated and energized. While water is the ultimate hydrator, sometimes we crave a little variety and flavor. Fortunately, there are numerous refreshing summer drinks that not only quench your thirst but also provide a delightful burst of energy. Let's explore four delicious and rejuvenating beverages that are perfect for staying hydrated and revitalized during the summer months.

CUCUMBER-MINT INFUSED WATER

Nothing beats the simplicity and rejuvenating properties of infused water. Adding a few slices of cucumber and sprigs of mint to a pitcher of water creates a refreshing drink that helps to cool the body and maintain proper hydration levels. Cucumber provides a high water content while mint adds a refreshing touch, making this drink a perfect choice for a hot summer day.

## WATERMELON COOLER

Watermelon, with its high water content and natural sweetness, is a summer favorite. To make a refreshing watermelon cooler, blend chunks of ripe watermelon with ice and a squeeze of lime juice. This hydrating beverage is packed with essential vitamins, minerals, and antioxidants, making it an excellent choice for replenishing electrolytes and revitalizing your body.



Green tea is renowned for its health benefits, and when served cold, it becomes an invigorating summer drink. Brew a pot of green tea and let it cool. Add slices of lemon, lime, or orange for a burst of citrusy flavor. Green tea contains natural antioxidants and a gentle caffeine kick, providing both hydration and an energy boost.

### COCONUT WATER SMOOTHIE

Coconut water is a naturally hydrating beverage loaded with electrolytes, making it an ideal choice for replenishing fluids during hot summer days. Take it up a notch by blending coconut water with your favorite fruits like mangoes, strawberries, or pineapples. The resulting smoothie is not only delicious but also packed with vitamins, minerals, and essential hydration for your body.

Staying hydrated and energized during the summer is crucial for maintaining overall well-being. By incorporating these refreshing and revitalizing summer drinks into your routine, you can beat the heat while indulging in delicious flavors. From cucumber-mint infused water to coconut water smoothies, each beverage offers a unique blend of hydration, nutrients, and natural energy boosts. So, embrace these refreshing options, quench your thirst, and keep your body revitalized all summer long. Remember to prioritize hydration and enjoy the season to the fullest while taking care of your wellness needs.

WORKING ON WELLNESS 🕅

#### THE IMPORTANCE OF SUNSCREEN: PROTECTING YOUR SKIN ALL SUMMER LONG

As the sun shines brightly and temperatures rise during the summer months, it's natural to want to spend more time outdoors, soaking up the warmth and enjoying outdoor activities. However, amidst the summer fun, it's crucial not to overlook the importance of sunscreen and the protection it provides for your skin. Sunscreen is not just a beach essential: it's a year-round necessity. Let's explore the significance of sunscreen and its role in safeguarding your skin from the harmful effects of the sun's ultraviolet (UV) rays.

#### UNDERSTANDING UV RADIATION:

Before delving into the importance of sunscreen, it's essential to understand the two types of UV radiation emitted by the sun: UVA and UVB. UVA rays penetrate deeply into the skin and contribute to premature aging, wrinkles, and the development of certain skin cancers. UVB rays primarily affect the top layers of the skin and are the main cause of sunburns. Both UVA and UVB rays can damage the skin, making protection against them crucial.

#### THE BENEFITS OF SUNSCREEN:

- 1. Protection against Sunburns: Sunscreen acts as a protective barrier that absorbs and reflects UV radiation, preventing it from penetrating the skin. By wearing sunscreen with a high sun protection factor (SPF), you significantly reduce the risk of sunburns, which can cause pain, redness, and peeling.
- 2. Minimization of Skin Aging: Prolonged sun exposure without protection accelerates the aging process. UVA rays are responsible for breaking down collagen and elastin fibers, leading to sagging skin, fine lines, and wrinkles. By wearing sunscreen daily, you help maintain the youthful appearance of your skin.
- 3. Lowered Risk of Skin Cancer: Skin cancer is the most common type of cancer worldwide, with exposure to UV radiation being a significant risk factor. Regular sunscreen use, along with other sun-protective measures, can reduce the risk of developing skin cancer, including melanoma, the most dangerous form.

#### **CHOOSING THE RIGHT SUNSCREEN**

- SPF: Opt for a broad-spectrum sunscreen with a minimum SPF of 30, which protects against both UVA and UVB rays.
- Application: Apply sunscreen generously to all exposed areas of your skin at least 15 minutes before sun exposure. Reapply every two
  hours or more frequently if swimming or sweating.
- Skin Type: Consider your skin type and any specific concerns. For sensitive skin, choose a sunscreen labeled as hypoallergenic or formulated for sensitive skin.
- Water Resistance: If you'll be engaging in water activities or sweating, opt for a water-resistant sunscreen to maintain protection.
- Additional Protection: Consider sunscreens that contain antioxidants, moisturizers, or ingredients that cater to specific skin needs, such as oil-free or tinted formulations.

As summer beckons us outdoors, it's essential to prioritize the health of our skin by using sunscreen daily. Whether you're lounging by the pool, en joying a hike, or simply running errands, sunscreen should be a non-negotiable part of your skincare routine. By shielding your skin from harmful UV rays, sunscreen helps prevent sunburns, premature aging, and the development of skin cancer. So, don't forget to apply sunscreen generously and consistently, and encourage others to do the same. Protecting your skin all summer long ensures a healthier, more radiant future for your skin.

# EMPLOYEE REFERRAL PROGRAM

#### EMPLOYEES WHO EARNED CASH FOR EMPLOYEE REFERRALS JULY 5TH, 2023

## I YEAR - \$600

THERESA ATKINSON FL132/180 FOR REFERRING JOSEPH PROCTER FL180

## 9 MONTHS - \$400

STEVIE GRIMM OH183 FOR REFERRING KANIJAH JAMES OH183 TERESA MCLAWHORN NC140 FOR REFERRING AIREAL WHITEHURST NC140

# 6 MONTHS - \$300

DAVID BEARD GA110/128 FOR REFERRING CHANDLER SPARKS GA128

# **3 MONTHS - \$200**

DYANA LATTA FL276 FOR REFERRING ALEX LAROCHE FL276 DYANA LATTA FL276 FOR REFERRING CINDY TAYLOR FL276 DONTREL FULLER OH183 FOR REFERRING JASMENE PRATER OH183 HEATHER GARLAND FL260 FOR REFERRING LINNIE GARLAND FL260

REMEMBER A REFERRAL IS ANYONE YOU RECOMMEND TO WORK FOR CHESTNUT LAND COMPANY! THIS CAN BE A FRIEND, FAMILY MEMBER, FORMER COWORKER, MALL EMPLOYEE, FREQUENT CUSTOMER, FACEBOOK FRIEND OR NEIGHBOR.

# **ULY WORK ANNIVERSARIES**

NICHOLAS STAUBS - SC123 8 Years **5** Years JOHANA MORAN - FL231 JOE SAFAREK - HOME OFFICE **5** Years AMANDA ANDREWS - TN126 **5** Years **CRYSTAL CLARK - GA106 4** Years CATERA PRYOR - MS112 **4** Years JESSICA YOUNG - IL136 **3** Years SUZANNE DUGGER - FL226 **3** Years DONTAVIA ROBERTS - FL132 **3** Years NASHCA CEUS - FL168 2 Years JORDAN LOYD - IL163 2 Years **KATLYN WINTERS - FL111** 2 Years MARTHA HENDRIX - MI143 2 Years **REBECCA YOUNG - MI141** 2 Years KARA STRATTON - KY117 2 Years **ROGER GONZALEZ - FL187** 2 Years MICHELLE BROWN - MI141 2 Years **DONAVEN DEKUIPER - MI115** 2 Years **ARTURO BARRIENTOS - FL221** 2 Years LUKE COPELAND - NC114 1 Year **JOSEPH PROCTOR - FL180** 1 Year FELECIA PERRY - FL166 1 Year SARAH BUCHANAN - MI137 1 Year **JALECE MCKINNEY - GA139** 1 Year

1 Year
1 Year

CONGRATULATIONS TO ALL OF YOU ON YOUR WORK ANNIVERSARY!

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#### **HAPPY BIRTHDAY TO ALL OF YOU!** ENJOY YOUR SPECIAL DAY

	7.0		
DAVID BEARD - GA110	7/1	DANIEL BARIL – FL144	7/14
BROOKLYN DOW - OH124	7/1	CHRISTOPHER ERNO - FL171	7/14
NAKESHA MADISON – IN128	7/2	MATTHEW BELL - IN128	7/15
JACOB JONES - FL143	7/2	COURTNEY BRADLEY - FL111	7/15
DONTAVIA ROBERTS - FL132	7/2	TAYLOR ZACHRICH - GA128	7/16
LIANNY AFONSO ALDAMA - FL230		JOHANNA TRANA - FL187	7/17
SHAVON GOODE - NC131	7/3	ALEX HARPER - NC102	7/17
MACKENZIE SELLE – FL144	7/3	LORNA COLLINS - FL111	7/17
MITSOUKA FRANCOIS - PREM OUTLETS CINNABON	7/4	AMANDA JARA - MI137	7/18
LUKA DJORDJIC – FL132	7/4	KATHERINE SMITH – OH175	7/19
JENNIFER DAY - WV106	7/5	TRANEASHA WALKER - MI120	7/20
JOEL NORIEGA – FL230	7/6	JASON HERNON - 0H130	7/20
SHORONDA LAWSON - MS112	7/6	MELANIE OTT - OH163	7/20
KEVIN MCDORMAND - NH105	7/6	ARIELIS GONZALEZ - IL165	7/21
MADISON HALL – OH190	7/6	AREION HOOD - NC115	7/21
ZAAKIR HAYES - FL185	7/7	SIOMARA MARTINEZ - FL175	7/21
CALBRION DIXON - MS112	7/7	NOMAR GONZALEZ - FL121	7/22
TONYA MAY - OH130	7/7	LAWRENCE DEJONG - MI115	7/22
MARK HARROD – FL201	7/8	ANDREA GUERRERO VARGAS - FL231	7/23
TRISTAN PHILLIPS - FL185	7/8	ALEXANDER SWEDOCK – FL276	7/24
MICHAEL MATTACK - MI122	7/8	ANIBAL VELAZQUEZ – FL196	7/24
REGINALD JENKINS – IN111	7/9	SCOTT BOISVERT - FL221	7/25
KARRI SCGALSKI - IN128	7/9	FIDEL MOSQUERA - FL154	7/26
AUBRIE ROCK – MI120	7/10	JANESE EDWARDS – IN130	7/26
DYONTORA DOUTHIT - NC115	7/10	PEDRO MIRANDA GARCIA - FL230	7/26
CASSANDRA YOUNG - TN126	7/11	CHRISTOPHER SAMMARTINO – HOME OFFICE	7/26
NYAH BOYD - GA116	7/11	IAN JIMENEZ – FL171	7/27
RYAN LINCH - GA166	7/11	CLEOPHUS EVANS MOORE - 0H163	7/27
HOPE RUSH MCDONALD - OH163	7/12	JOSEPH ZIERAN - GA130	7/28
SUMMER STEVENS - OH130	7/12	KATHLEEN WADE - MI141	7/28
ZANIA RICE - WOODLAND JAMBA	7/12	D'METRI RODRIGUEZ – NH105	7/28
SABRINA VELAZQUEZ - FL150	7/12	DERRELL MCNAIR - IL136	7/29
OLIVIA ERWIN - FL185	7/13	PAEDEN WILLOUGHBY - FL159	7/29
DONAVEN DEKUIPER – MI115	7/13	AMY EDMONDS - MI116	7/30
ALEC VESS - NC102	7/14	JACKIE HADLEY – IN128	7/31
ANEESAH YIZAR HUNTER - FL143	7/14	ASHLEY FULLER - HOME OFFICE	7/31

#### **RTHDAYS** K