# JUNE 2023

THE DOUGH PRESS

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#### ANNIKA FORE EAST PALESTINE

We wanted to share some amazing news about one of the philanthropies Chestnut Land and Rise Pies were recently a part of - Annika Fore East Palestine Charitable Golf Outing. As many know, there was a train derailment February 3, 2023 in East Palestine, OH (15 miles south of our corporate office). This train was carrying hazardous material that has affected the community there and the surrounding areas.

Annika Sorenstam, one of the best female golfers in history, teamed up with our owner, Ed Muransky, to raise money to help this community. There were many celebrities that attended the event. Below are some pictures of those celebrities with our owner, Ed Muransky. This amazing event raised \$400,000 that will directly help the community of East Palestine.

Giving back to those in need is one of the core values for Chestnut Land and Rise Pies!



Annika Sorenstam, Ben Curtis & Jason Kokrak Chris Sammartino, Annika Sorenstam and Warren Sapp Front Row (Left to Right): Doug Phillips, Jim Tressel, Annika Sorenstam, Mike McGee, Austin Carr, Jeff Ryznar

Back Row (Left to Right): Mike Tomczak, Ben Curtis, John Babaszak, Ed Muransky, Bernie Kosar, Jason Kokrak, Warren Sapp, Bruce Drennan, Bo Pelini, Bob Stoops



#### 'A HUGE HEART'. CELEBRITY GOLF OUTING RAISES \$400K FOR EAST PALESTINE

SPRINGFIELD TWP., Ohio (WKBN) – When Annika Sorenstam spoke Monday evening after her benefit golf outing for East Palestine, she talked about all the corporate golf outings and charity events she has been part of. But then, Sorenstam added that, when she showed up on Monday, it was something she had not felt before, saying that East Palestine has "a huge heart." Sorenstam spent her day on the ninth tee at the Lake Club. She first took a picture with all the foursomes before hitting an iron into the 155-yard par 3. "I thought it went great. It's been a super day, so many different perspectives. Great people, great cause, beautiful weather, great golf course. It's just been a fabulous day," Sorenstam said.

The event was called the Annika Fore East Palestine Charitable Golf Outing. Sorenstam's husband, Mike McGee is from East Palestine. There was a full field of 36 teams." I put my dream team committee together, nobody said no. Then from that point, we didn't even have to send a letter out to be sold out. It's really unbelievable," said event co-organizer Ed Muransky. There was also a full field of celebrities like former NFL star Warren Sapp and pro golfer and Warren JFK graduate Jason Kokrak, who bombed drivers on the par 5 14th.

"Really good day. A lot of drivers for me but for a great cause. This is something that I wanted to come home for and I'm glad I did," Kokrak said. At the banquet afterward, McGee announced the \$400,000 total, which prompted a job well done hug between husband and wife. A committee will now decide how the money will be spent, even saving some for the long term. Twenty-five percent of it will go toward youth sports.

"Without question, youth sports in East Palestine will benefit from these dollars, immediately. They'll go right into youth sports. That's what the McGee family wanted and we're going to honor their request," said Bob Hannon, president of The United Way.

# **JUNE HOME OFFICE** EMPLOYEE SPOTLIGHT





Callie Heaver, Senior Accounts Payable, has been in our family and the Accounts Payable (A/P) Department since 2014. There is not a day where you don't see Callie smile. She is amazing at multi-tasking doing all the A/P for the hospitality entities, including Chestnut Land Company and several others. When Callie is asked a question or to do a task, she jumps to it and gets it done! Her breath of knowledge of our company is second to none. She is one to make us laugh and always brings the fun into our work day!

Callie, we are grateful for all you do for the company and the smile you bring to each day!

WRITTEN BY REBEKAH MARSTELLAR DIRECTOR OF HUMAN RESOURCES

### **MEET CALLIE HEAVER** SENIOR ACCOUNTS PAYABLE REPRESENTATIVE

#### 1. Hi Callie, can you please share a little bit about yourself?

My name is Callie and I have worked in accounts payable for The Muransky Companies for 9 years. I am married and have one son named Wyatt. I love to cook and I am a huge sports fan. I also enjoy going to concerts and the beach any chance I get!

#### 2. What's the best piece of advice you've ever received?

To never look back. Dwelling on the past will keep you there. Always look ahead, consistently looking forward will motivate you to be better than you were yesterday.

#### 3. What is your favorite aspect of your job, and why?

The best part of my job is that it's never boring! I am kept on my toes all day long. I am responsible for all Auntie Anne's locations, Rises Pies, The Lake Club, Ivory & Birch and all of the real estate companies we own. There is never a dull moment around the office and I love every bit of it! And of course my work family! I have made so many close friends throughout the years here and I wouldn't have made it this far without them!

#### 4. What's your favorite ice cream flavor?

One of my favorite things to eat! If I had to pick my favorite it would have to be Strawberry.

#### 5. What's your favorite way to spend a weekend?

Relaxing, cooking, watching sports and spending time with friends and family!



#### URED LOCATION Ξ

#### HICAGO PREMIU ETS



CHICAGO

JTLETS.

Chicago Premium Outlets, a Simon Property, is an outdoor center located 40 minutes from downtown Chicago, has over 160 stores such as Athleta, BOSS Outlet, Kate Spade New York, Nike Factory Outlet, Polo Ralph Lauren, Columbia Factory Store and many more. With amenities such as fireplaces, art installations, a play area, and reflecting pond, Chicago Premium Outlets is more than a shopping center, but truly a destination for shoppers and tourists visiting the Chicago area. Conveniently located off I-88 at the Farnsworth Avenue North exit, it is easily accessible for local shoppers and tourists coming from downtown or O'Hare and Midway International Airports.



In 1908, Aurora adopted the nickname "City of Lights", because in 1881 it was one of the first cities in the United States to implement an all-electric street lighting system.



# UNE EMPLOYEE SPOTLIGHT

**CA YOUN** 



Jessica Young started her Chestnut Land career in August 2014 as an Assistant Manager. She has worked hard to grow her career into the Area Manager of Chicago Premium Outlets (IL136/165). Jessica is a no-nonsense manager. She understands and appreciates the Auntie Anne's brand and Chestnut Land. She sets her expectations high for herself and her staff so they can be the best in all they do! This year she has begun to travel to CLC locations to help train and cover locations that need support.

Jessica, thank you for all your knowledge, experience, and love for Chestnut Land Company. We value your hard work every day!

WRITTEN BY REBEKAH MARSTELLAR DIRECTOR OF HUMAN RESOURCES

# **JUNE EMPLOYEE SPOTLIGHT**

# JESSICA YOUNG

1. What's the funniest thing that's ever happened to you at work? Although it wasn't funny in that moment, I get a good laugh out of it. My first year I had to change water filters and didn't know how to so I gave it a shot. Well, I flooded the entire store at least an inch deep of water. I was soaked head to toe.

2. If you could instantly become an expert in any field, which one would you choose and why? Communication. This is something that is needed no matter what you do in life.

3. What's the best piece of advice you've ever received? Work smarter, not harder.

4. What's your favorite quote or motto that you live by? Kill'em with kindness. My mother has been telling me this my entire life.

5. What's your favorite TV show of all time, and why do you love it? I'm not much a TV person anymore, but I did have a favorite childhood show, which is Full House. I still watch episodes of it now.

6. What's your favorite board game or card game? I would say Monopoly and I'm talking about the original old school version of monopoly.

7. If you could have any fictional character as your best friend, who would it be? Minnie Mouse!

8. Favorite Auntie Anne's pretzel/dip combo? Pepperoni pretzel with hot salsa cheese or honey mustard.

9. What is your favorite meal to cook at home? Spinach lasagna! I am Italian, anything pasta is my go to!

10. What was your favorite concert that you have ever attended? I have literally been to one concert my whole life and it was Bone Thugs N Harmony.

# **AROUND THE CHESTNUT "LAND"**

# THE HUB - TOP PERFORMER JACKIE HADLEY IN128

Jackie Hadley and his team at IN128 has done an outstanding job staying active and keeping up with training on the Hub. Jackie is one of Auntie Anne's top performers with 52,124 points. His store recently won the Hub training challenge and everyone received gift cards. He strongly believes training comes first and the hub is a great tool that he references back to often.

A few tips that has worked for him:

- Deadlines are set for current employees to complete the team member and other modules
- New hires are sent a welcome email and signed up before their start date
- First day he has them complete day 1 & 2
- Following day they complete 3 & 4
- Keeping the team engaged by communicating all contests and incentives that are offered
- Running progress reports and acknowledging when staff completes modules

We encouraging managers to sign their team up for the Hub to stay updated on training, new products and other exciting info. We are also asking each manager to remove termed employees from the Hub when they are no longer with us.

Jackie Hadley- IN128 Total log in-136 this month Number of modules completed-110 Total points-52,124

### **GREAT JOB JACKIE!**

#### C2 TRAINING CHALLENGE WINNERS: IN128, FL144 & FL149

Congratulations! IN128, FL144 AND FL149 are winners of the C2 Training Challenge and will be awarded a \$10 Amazon gift cards for each of your crew members at these stores.







# **AROUND THE CHESTNUT "LAND"**



#### TO CRESCENT CHAPMAN FOR THE BIRTH OF HER BEAUTIFUL GRANDDAUGHTER

Winona Sterling McElroy (We call her Winnie) Born 1/2/2023 Parents Amanda & Jacob







#### **TWISTEE AT OH163**



Melanie Ott





# TOP ONLINE STORES





# DTIQ AUDIT STREAKS 3 CONSECUTIVE 100% SCORES



Mi116 - 11 FL158 - 8 GA130 - 6 OH124 - 6 FL149 - 4 Mi105 - 3

**NC140 - 3** 



### **CONGRATULATIONS TO THESE 7 STORES!**

Keep up the excellent work and attention to detail!



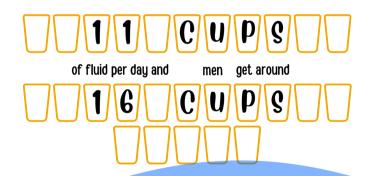
# WORKING ON WELLNESS

# HYDRATION IS KEY

Don't let dehydration ruin your summer fun... Hydrate!

In the summer, when it's hot, humid, we need proper hydration to allow our bodies to cool down and replenish the water lost through our sweat.

> The National Academies of Sciences, Engineering, and Medicine recommends that women get around



Our fluids can come water, other drinks like milk, juice or teas, and from food. Approximately 20% of daily fluid intake usually comes from food.

#### Benefits to drinking water:

Aids

digestion

Improves sleep and mood Keeps organs and cells functioning properly Regulates body temperature and blood pressure Keeps joint lubricated

# WORKING ON WELLNESS

#### MANAGING ALLERGIES: TIPS FOR DEALING WITH SEASONAL ALLERGIES IN JUNE

With the arrival of June, the warmer weather and blooming flowers bring about a wave of seasonal allergies for many individuals. Seasonal allergies, also known as hay fever or allergic rhinitis, can cause discomfort and interfere with our daily lives.

#### Understanding Seasonal Allergies:

Seasonal allergies occur when the immune system reacts to certain airborne substances, such as pollen, mold spores, or grass, considering them as harmful invaders. The body releases histamines, triggering symptoms like sneezing, congestion, itchy eyes, and a runny nose. While allergies are common, they can be managed effectively to minimize their impact on our well-being.

#### **MONITOR POLLEN LEVELS**

Stay informed about the pollen levels in your area. Numerous websites, weather apps, and local allergy organizations provide daily pollen forecasts. When the pollen count is high, take extra precautions to minimize your exposure. Consider spending more time indoors, particularly during early mornings and late afternoons when pollen levels are usually highest.

#### **KEEP WINDOWS CLOSED**

To reduce the amount of pollen entering your home, keep your windows and doors closed, especially on days with high pollen counts. Use air conditioning instead to circulate cool air and filter out allergens. Additionally, consider using high-efficiency particulate air (HEPA) filters in your home, which can help trap pollen and other airborne allergens.

#### **CREATE AN ALLERGY-FREE ZONE**

Designate a specific area in your home as an "allergy-free zone." Ideally, this should be your bedroom, where you spend a significant amount of time. Keep this area as clean and pollen-free as possible. Avoid bringing outdoor clothing, shoes, or pets into this zone to minimize the introduction of allergens.

#### **CONSULT WITH AN ALLERGIST**

If your allergies are severe or significantly impact your daily life, consider seeking professional help from an allergist. They can conduct allergy testing to identify specific triggers and develop a personalized treatment plan. Allergy shots or immunotherapy may be recommended for long-term relief from allergic symptoms.

#### **OVER-THE-COUNTER MEDICATIONS**

Antihistamines, decongestants, and nasal sprays available over-the-counter can provide temporary relief from allergy symptoms. However, consult with a healthcare professional or pharmacist before using any medications to ensure they are suitable for you and won't interact with other medications you may be taking.

By implementing these practical tips, you can effectively manage your seasonal allergies during the month of June. Understanding your triggers, monitoring pollen levels, practicing good hygiene, and creating an allergy-free zone in your home are all valuable strategies to reduce exposure and alleviate symptoms. Remember to consult with a healthcare professional for personalized advice and treatment options if your allergies persist or worsen.

# WORKING ON WELLNESS

#### SUN SAFETY: PROTECTING YOUR SKIN FROM HARMFUL UV RAYS

As summer rolls in and the sun shines brighter, it's crucial to prioritize sun safety and protect our skin from the harmful effects of ultraviolet (UV) rays. Exposure to excessive UV radiation can lead to sunburn, premature aging, and even increase the risk of skin cancer. I

Understanding UV Rays: UV rays are invisible rays emitted by the sun that can cause damage to the skin. There are three types of UV rays: UVA, UVB, and UVC. UVA rays penetrate the deepest into the skin and contribute to premature aging, while UVB rays primarily cause sunburns. Although UVC rays are the most dangerous, they are absorbed by the Earth's atmosphere and do not reach us.

#### APPLY SUNSCREEN

One of the most effective ways to protect your skin from the sun is by applying sunscreen. Look for a broad-spectrum sunscreen with a high sun protection factor (SPF) of 30 or higher. Apply it generously to all exposed areas of your skin, including your face, neck, arms, and legs. Reapply every two hours, especially if you're sweating or swimming.

#### **SEEK SHADE**

When the sun is at its peak, usually between 10 a.m. and 4 p.m., seek shade whenever possible. Shade provides a physical barrier between your skin and the sun's direct rays, reducing your UV exposure significantly. If you're planning outdoor activities, try to schedule them outside of these peak hours to minimize sun damage.

#### WEAR PROTECTIVE CLOTHING

Covering up with appropriate clothing is an excellent way to shield your skin from the sun. Opt for lightweight, loose-fitting clothes that cover as much skin as possible. Long-sleeved shirts, wide-brimmed hats, and sunglasses with UV protection are all valuable additions to your sun safety toolkit.

#### STAY HYDRATED

Proper hydration is crucial, especially during the hot summer months. Drinking an adequate amount of water helps maintain healthy skin and prevents dehydration. Remember to drink water regularly, even if you don't feel thirsty. Staying hydrated helps your skin maintain its natural moisture barrier, enhancing its ability to protect against sun damage.

#### **CHECK THE UV INDEX**

Before heading out, check the UV Index for your location. The UV Index provides information about the strength of UV radiation and helps you plan your activities accordingly. Higher UV Index values indicate a greater risk of sunburn and skin damage, so take extra precautions when the index is high.

Taking steps to protect your skin from harmful UV rays is crucial for maintaining skin health and preventing long-term damage. By following these sun safety tips-applying sunscreen, seeking shade, wearing protective clothing, and staying hydrated-you can enjoy the sunny days of June while keeping your skin safe. Prioritize sun safety this summer and make it a habit to care for your skin all year round.

# EMPLOYEE REFERRAL PROGRAM

#### EMPLOYEES WHO EARNED CASH FOR EMPLOYEE REFERRALS JUNE 6TH, 2023

### **1 YEAR - \$600**

MADONNA TORRES FL111 FOR REFERRING LORNA COLLINS FL111 REBECCA YOUNG MI141 FOR REFERRING DEONDRE ABRAMS MI141 WHITNEY MACK FL197 FOR REFERRING OLAJUWON VAUGHN FL010 JESSICA TRUE FL111 FOR REFERRING CRYSTAL COBB FL185 REBECCA AL SALEMI FL192 FOR REFERRING TIFFANY PHILLIPS FL192

### **9 MONTHS - \$400**

VICKIE BENNETT IN111 FOR REFERRING CINDY MARTINEZ EULOGIO IN111

# 6 MONTHS - \$300

AMANDA ANDREWS TN126 FOR REFERRING JOURNE NORWOOD TN126 JERRY RIVERS NC114 FOR REFERRING JASON HARRELL NC114 JOYLYN FULLER NC102/131 FOR REFERRING AUBREY WHITE NC121 FATIMA ZOHRA OUASFI FL192 FOR REFERRING SALAH EDDINE FL192 DAVID BEARD GA110/128 FOR REFERRING NOAH DIXON GA128

# **3 MONTHS - \$200**

AARON GERARD IL131 FOR REFERRING VIOLET GERARD IL131 HAILEY TAYLOR OH175 FOR REFERRING MALLORY KISH OH190 ALEXUS SHOWMAN FOR REFERRING DAKOTA SHOWMAN OH190 CARMEN BRENES FL230 FOR REFERRING ZULEYKA ARROYO FL231 CINDY PHAM FL144 FOR REFERRING KIMBERLY ESPINOZA FL144 NAYELI HERNANDEZ FL144 FOR REFERRING STORI MILLER FL144 STEPFANIE BERMUDEZ FL121 FOR REFERRING WISELAINE GUAY FL121 ASTRID CHIFFRA FOR REFERRING DAMIAN WELLINGSTON FL177

# **UNE BIRTHDAYS**

CRYSTAL VALENTIN - FL158	6/1
DESIRAE SNIDER - MI117	6/1
JAYLYN BAXTER - BRIARWOOD CINNABON	6/1
HOLDEN BAILEY - NC131	6/2
MICAH QUINN – OH189	6/2
SIRIWANNISA NARINRAM - FL222	6/2
CARLOS HERRERA CINTRON - FL143	6/2
JOYLYN FULLER - NC102	6/3
MELISSA JOHNSON - MI143	6/4
WHITNEY MACK - FL197	6/4
REBECCA RITOUNI - PREM OUTLETS CINNABON	6/4
REBECCA YOUNG - MI141	6/5
DAKOTA SHOWMAN - OH190	6/7
SANTIAGO SERNA - MI120	6/7
JACOB SWAIM - MI135	6/7
CLAIRE RINEHART - FL171	6/8
CRYSTAL CLARK - GA106	6/9
SHARICA BROWN - GA166	6/9
ALEJANDRO SANCHEZ - IL136	6/10
AUSTIN DIXON - MI120	6/12
EVAN KOSS - OH183	6/12
CAMILA VALLADAREZ PETROCHE - FL171	6/12
KATLYN WINTERS - FL111	6/12
ALEXIS GREGORY - FL121	6/12
JENNIFER HADLEY - IN109	6/19
JERMIYA WASHINGTON - FL260	6/14
RICHARD DUNN - FL177	6/14
DONDREA GOLLIDAY - MS112	6/14

LEAH RODRIGUEZ CABRERA - FL166	6/16
BETHANY THEISS - MS112	6/16
MALLORY KISH - 0H190	6/17
MATTHEW ABBASI - GA110	6/17
MARTHA HENDRIX - MI143	6/17
REBECCA JOHNSON - MI135	6/18
KELSEY MERRIWEATHER - MS112	6/18
MEGAN KELLER - OH175	6/19
CINDY PHAM – FL144	6/19
JONATHAN CRABTREE - OH183	6/19
JAZMINE VALLEJO – FL159	6/19
JORDYN ATKINSON - FL132	6/20
ZITAYA MYERS - OH130	6/20
LEANDRA WILLIAMS - FL175	6/21
SWIKRITI RAI – OH183	6/22
JAYA LEE - FL181	6/22
TAIS MENDOZA GUTIERREZ - FL187	6/23
LAUREN COSBY - GA106	6/24
LILLY ROUTH - IN109	6/24
CHEYENNE PATTERSON – FL182	6/25
KALIE MCDERMITT - FL143	6/27
JAYLEN WILSON-LUCAS - MI135	6/27
JAYSON FERNANDEZ - FL176	6/27
NYSIAH BEASLEY - FL158	6/29
LAUREN ALEXANDER - FL197	6/30
HEAVEN SILVER - IN128	6/30
SARAH ANDERSON - GA130	6/30

#### HAPPY BIRTHDAY TO ALL OF YOU! ENJOY YOUR SPECIAL DAY!

# **UNE WORK ANNIVERSARIES**

GALE MARTINO - FL150	14 Years
	III IOUIO
TANNER AVNET – HOME OFFICE	8 Years
BETHANY THEISS - MS112	8 Years
TAMMY SHOWMAN - 0H175	7 Years
KASIE MACHINGO – HOME OFFICE	7 Years
CHRISTINA CHARRON – MI115	7 Years
NATALIE FUSSELL – GA128	6 Years
MICHAELA MATHENY - IL163	4 Years
JOHN BRIDGES – MI117	3 Years
ASHLEY PICKARD - FL276	3 Years
DARRON ANTOINE - FL MALL CINNABON	3 Years
HAILY MCKEE - MI115	2 Years
RICHARD BANIK - PA254	2 Years
DONNA IVERS - KY117	2 Years
AMARE FRAZIER - TN126	1 Year
MICAH QUINN - OH189	1 Year
CATHERINE KARMAKAR – MI143	1 Year
CRYSTAL COBB - FL166	1 Year
TIFFANY PHILLIPS – FL192	1 Year
HAMAHD BARNES - FL175	1 Year
PAUL VILLENA – IN111	1 Year

HEATHER GARLAND - FL260	1 Year
WISE LIANG - GA110	1 Year
Peter Kehinde – Oh111	1 Year
CALVIN UKPAI – GA139	1 Year
ANDREW GUENTHER - KY117	1 Year
MADELINE FLORES - FL276	1 Year
ANDREW TERRY - FL180	1 Year
MARKEYLA BROWN – GA116	1 Year
DAYANARA ALFARO – FL MALL CINNABON	1 Year
Kylee Simons - Fl168	1 Year
ANDREA GUERRERO VARGAS – FL231	1 Year
CANIYA SWAIN - FL132	1 Year
CAMILA SELLMAN - OH190	1 Year
GISELLE SELLMAN - OH190	1 Year
KOURTNEY WHITE – PA254	1 Year
KEIAIRAH ADKINS - WV106	1 Year
DEBORAH TILGHMAN – FL226	1 Year
FAUSTINA HOANG - GA128	1 Year
MADELYN VANDAM - MI137	1 Year
NATHAN LUGO DOMINGUEZ – GA128	1 Year

#### CONGRATULATIONS TO ALL OF YOU ON YOUR WORK ANNIVERSARY!